

Oxfordshire Pilates

Balance Studios, Bridge Street Mill, Bridge Street, WITNEY, Oxfordshire OX28 1YH



Friday Night is ... Ladies Night

Bored of the same Friday night out? Why not get your Girlfriends together and try one of our fantastic *Pilates & Prosecco* events. Private Parties can be catered for on request.



Bride & Bridesmaids

An informative lesson on posture and deportment to ensure you are all walking & standing at your very best for the big day ... combine this excellent session with bubbles & nibbles to finish off !



Hen Parties

With a difference. Why not combine a fabulously fun & music filled 90 minute mixed Pilates, Zenga & Total Barre workout with bubbles and nibbles to complete the occasion ...



For all enquiries and other dates available for any of the above events email us at info@oxfordshirepilates.co.uk

STOTT PILATES™

zenoga™

totalbarre.

For Full Descriptions of all our Classes, 1-2-1 Sessions and Timetable, please visit us at

www.oxfordshirepilates.co.uk