

course application

MerriThew™ edUCATION

For training center contact information visit merrithew.com/education/wheretotrain

contact information *please print*

name: _____ company name (if applicable): _____

address: _____

city: _____ state / province: _____ country: _____ zip / postal code: _____

phone day: _____ evening: _____ email: _____

course registration

w Space is limited and applications will be processed on a first come-first-served basis.

w Space will ONLY be reserved upon receipt of application form, the deposit for the course fee and any materials costs as per the website.

w Fees for courses and workshops do not include required course materials, applicable taxes or exam fees.

Prices are subject to change without notice.

w For full details on cancellation and change policies contact the training facility.

w Applicants under the age of 18 are subject to registration approval by the Senior Program director, Toronto Corporate Training Center.

w Some courses have prerequisites.

w Additional information may be required once application is received,

i.e. a detailed resumé / CV outlining education and experience and two letters of references.

start date requested & course location _____

course selection

Comprehensive Program – STOTT PiLAtES®

CMR Comprehensive Matwork & reformer – 90 hrs + 60 hrs apprenticeship _____

CCCB Comprehensive Cadillac, Chair & Barrels – 50 hrs + 40 hrs apprenticeship _____

ISP injuries & Special Populations – 24 hrs _____

FAR [AM, Ar, ACCB] Full Advanced repertoire – 36 hrs _____

FULL [CMr, CCCB, iSP, AM, Ar, ACCB] – 7 month program + 100 hrs apprenticeship _____

The Comprehensive Program is only offered at the following locations: • Corporate Training Center, Toronto, ON, Canada • Bodycenter Studios, Seattle WA, USA • Calgary Pilates Centre, Calgary, AB, Canada • Equilibrium Pilates Studio, Bloomfield Hills, MI, USA • The SweatShop Health Club, St. Paul, MN, USA

Education

2200 Yonge Street, Suite 500, Toronto, ON, Canada M4S 2C6

phone 416-482-4050 fax 416-482-2742 email educationadvisor@merrithew.com

toll-free North America 1-800-910-0001 UK 0800-328-5676

course application (cont'd)

intensive Program – STOTT PILATeS

FA Functional Anatomy – 30 hrs

IMP intensive Mat-Plus™ – 40 hrs

IR intensive reformer – 50 hrs

ICAD intensive Cadillac – 25 hrs

ICHR intensive Stability Chair – 15 hrs

IBRL intensive Barrel – 10 hrs

Advanced Program – STOTT PILATeS

ISP injuries & Special Populations – 24 hrs

AM Advanced Matwork – 6 hrs

AR Advanced reformer – 18 hrs

ACAD Advanced Cadillac – 6 hrs

ACHR Advanced Stability Chair – 3 hrs

ABRL Advanced Barrel – 3 hrs

instructor Foundation Course Programs

ZM1 ZEN•GA™ instructor Foundation Course, Mat – 7 hrs

ZE1 ZEN•GA™ instructor Foundation Course, equipment – 7 hrs

CA1 COre™ instructor Foundation Course – 7 hrs

TB1 Total Barre™ instructor Foundation Course – 7 hrs

relevant education

Please list related degrees, diplomas, post-secondary or certificate courses and workshops, including Mh&F education

describe anatomy education: (*for STOTT PILATES courses*) include number of hours, when / where you studied and what topics were covered (e.g. musculoskeletal, anatomy, biomechanics) college / university course workshop / other

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course application (cont'd)

List related certification (please specify: eg. ACe, AFAA)

relevant experience

Outline your teaching experience (describe subject taught / years teaching)

describe your personal experience in dance, fitness or other body work (how many years / how recently)

Outline your Pilates experience (*for STOTT PILATES courses*)

(describe when & where, indicate the STOTT PILATES method or other)

- none 1-10 hrs 10-30 hrs 30+ hrs

personal information

do you have any injuries, conditions or postural issues? Are you currently pregnant or have you recently given birth?

Failure to disclose any issues prior to enrollment may result in your removal from the course.

how did you hear about Mh&F and its education program?

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course application (cont'd)

why are you interested in Mh&F education?

Are you using this course to fulfill continuing education credits? Yes No

if yes, for what organization?

payment method

PLEASE MAKE PAYMENTS AS PER THE INSTRUCTIONS GIVEN ON THE COURSE/WORKSHOP INFORMATION NOTES ON OUR WEBSITE ... www.oxfordshirepilates.co.uk

I hereby agree:

- i plan to attend all course hours: Yes No
- i certify that the information provided on this application is accurate.
- i understand that failure to provide accurate information may result in my removal from the certification program.

I have included the following:

- payment as per the instructions on the website information
- full payment of course materials – optional
- Proof of certification (if applicable)
- Two letters of reference – optional

signature:

date:

email your application

Send your application to louise0110@btinternet.com

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